

CLIMBING & BOULDERING WALL RULES

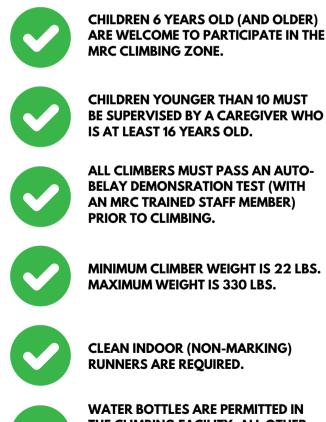
100 MAIN STREET WEST, MARTENSVILLE SK, S0K 2T0 EMAIL: INFO@THEMRC.CA

THE MRC CLIMBING FACILITY OFFERS MULTIPLE CLIMBING ROUTES WITH VARYING DEGREES OF DIFFICULTIES. ALL CLIMBERS ARE REQUIRED TO USE THE MECHANICALLY ASSISTED AUTO-BELAYS ON THE MAIN CLIMBING WALL. *NO UNASSISTED CLIMBING IS PERMITTED ON THE MAIN CLIMBING WALL.*

THE MRC CLIMBING FACILITY ALSO OFFERS A UNIQUE BEGINNER LEVEL BOULDERING SECTION WHERE CLIMBERS ARE PERMITTED TO PRACTICE BOULDERING WITHOUT THE USE OF EQUIPMENT. BOULDERING IS ONLY ALLOWED WHERE INDICATED IN THE CLIMBING ZONE, AND IS NOT PERMITTED ON THE MAIN CLIMBING WALL.

ALL CLIMBERS MUST CHECK IN & SIGN A WAIVER (AT GUEST SERVICES OR THE CLIMBING WALL DESK) BEFORE ENTERING THE CLIMBING FACILITY.

ALL CLIMBERS MUST ALSO COMPLETE MRC'S CLIMBING ORIENTATION PRIOR TO CLIMBING.



ALL CLIMBERS MUST PASS AN AUTO-**BELAY DEMONSRATION TEST (WITH** AN MRC TRAINED STAFF MEMBER) PRIOR TO CLIMBING.

MINIMUM CLIMBER WEIGHT IS 22 LBS. MAXIMUM WEIGHT IS 330 LBS.

CLEAN INDOOR (NON-MARKING) **RUNNERS ARE REOUIRED.**



WATER BOTTLES ARE PERMITTED IN THE CLIMBING FACILITY. ALL OTHER FOOD & DRINK IS STRICTLY PROHIBITTED.



DO NOT HANG OR SWING ON THE **CLIMBING ROPES. USE THE AUTO-BELAYS SAFELY (AS GUIDED).**



AVOID STANDING OR WALKING UNDER OTHER CLIMBERS. STAY CLEAR OF THE MATS IF YOU ARE NOT ACTIVELY CLIMBING.



REMOVE ALL JEWELRY AND RINGS PRIOR TO CLIMBING.



DO NOT TOUCH OR CLIMB ABOVE THE AUTO-BELAY HOUSING.



DO NOT CLIMB, SIT, OR STAND ON THE TOP LEDGE OF THE **BOULDERING AREA.**



CLIMBING WITH HEADPHONES OR PERSONAL MUSIC DEVICES IS NOT ALLOWED.

MRC CLIMBING WALL STAFF RESERVE THE RIGHT TO REMOVE ANYONE FROM THE CLIMBING AREA THAT THEY DEEM TO BE A RISK TO THEMSELVES OR OTHERS.

